



Robert M. Maywood, M.D.

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CURRICULUM VITAE

PERSONAL:

Date of Birth: September 14, 1962
Place of Birth: West Islip, New York
Citizenship: U.S.A.

Office Address: 3444 Kearny Villa Road, Suite 303
San Diego, CA 92123
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CERTIFICATIONS:

Fellow American Academy of Orthopaedic Surgeons
Board Certified, American Board of Orthopedic Surgeons
State Licensures: California, Florida, and Hawaii
National Board of Medical Examiners 1990
Qualified Medical Examiner, State of California

PREVIOUS WORK EXPERIENCE:

January 1999 – December 2000
Orthopaedic Surgeon/Sports Medicine
Shoulder Knee Institute
San Diego, CA

November 1995 –
November 1998
Orthopaedic Surgeon/Sports Medicine
Orthopaedic Care and Sports Medicine Center
Aventura, FL

EDUCATION:

August 1994 – July 1995
Harvard Medical School/Massachusetts General Hospital
Department of Sports Medicine, One year fellowship.
Bertram Zarins, M.D., and Arthur Boland, M.D.

July 1993 – June 1994
University of Miami/Jackson Memorial Medical Center
Department of Orthopedics and Rehabilitation
Chief Resident: Orthopedic Surgery

July 1990 – June 1993
University of Miami/Jackson Memorial Medical Center
Department of Orthopedics and Rehabilitation
Residency: Orthopedic Surgery

June 1989 – June 1990
University of Miami/Jackson Memorial Medical Center
Department of Surgery
Internship: General Surgery

September 1984 - May 1989
University of California, San Francisco
San Francisco, CA
M.D. Degree

September 1980 - June 1984
University of Southern California
Los Angeles, CA
B.S. Biology, Magna Cum Laude

SPORTS MEDICINE EXPERIENCE:

2007 - Present
Supervising Orthopaedic Surgeon
Action Sports World Tour
San Diego, CA; Pomona, CA; Dallas, TX

2006
Supervising Orthopaedic Surgeon
Action Sports World Tour
San Diego, CA

2006 - Present
Team Physician
So. Cal Scorpions Football Team
San Diego, CA

2003	Supervising Orthopaedic Surgeon AVP Volleyball Tour San Diego, CA
2003	Team Physician So. Cal Scorpions Football Team San Diego, CA
2002	Supervising Orthopaedic Surgeon Ford Gorge Games Hood River, OR
2002	Team Physician San Diego Sunfire Football Team San Diego, CA
2001	Associate Director Coast Medical Center Sports Medicine Fellowship San Diego, CA
2000 - Present	Team Physician San Diego State University Rugby Team San Diego, CA
2000 - Present	Sports Medicine Research and Educational Director U.S. Spine and Sport Foundation San Diego, CA
2000	Clinical Instructor Arthrex Shoulder Arthroscopy Training Course Coast Medical Center San Diego, CA
1998	Medical Coverage, Andersen World Golf Championships La Costa, CA
1994 – 1995	New England Patriots Football Club Associate Team Physician Boston, MA
1994 – 1995	Boston Bruins Hockey Club Associate Team Physician Boston, MA

1994 – 1995	Harvard University Intercollegiate Athletic Program Associate Team Physician Boston, MA
1990 – 1994	Miami/Dade County High School Football Program Team coverage and physical examinations Miami, FL
January 1987 – August 1987	Southern California Center of Sports Medicine Research Assistant Douglas W. Jackson, M.D., Director Long Beach, CA
Summer 1984	Pasadena Athletic Camp for Underprivileged Children Associate Director Los Angeles, CA
Summer 1984	University of Southern California/Los Angeles Olympics Committee Los Angeles, CA

AWARDS AND HONORS:

Phi Beta Kappa Honor Society
Alpha Lambda Delta Honor Society
Alpha Epsilon Delta Honor Society
University of Southern California Academic Excellence Award
Brown University Associated Alumni Award
Town and Gown Scholarship Award Winner
Watts Foundation Scholarship Award
Terrill Graduate School Fellowship Award

CLINICAL TRAINING COURSES:

May 1994	Southwestern Comprehensive Orthopedic Review Course Dallas, TX
October 1993	Case Western Pathology Review Course Cleveland, OH
September 1993	Harris Hip Course Harvard Medical School Department of Orthopedics Boston, MA

January 1991
Microsurgery Training Course
University of Miami/Jackson Memorial Center
Department of Orthopedics
Miami, FL

PUBLICATIONS:

- Spring, 1996
“Control of Inflammation”. Maywood, R.M., Boland, A.L.
Sports Medicine and Arthroscopy Review. 4:8-15
- Fall, 1995
“Simultaneous Bilateral Anterior Cruciate Ligament Tears: Case Report”.
Maywood, R.M., Hechtman, K.S.
American Journal of Knee Surgery. 8:134-136
- April 1994
“Ligamentization of Patellar Tendon Autografts in Humans after ACL Reconstruction: Evaluation by Electron Microscopy”. Maywood, R.M., Hechtman, K.S., Uribe, J.W., Enwemeka, C.L., Hurwitz, D.
Orthopedic Transactions 17:1059
- September 1993
“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction using Magnetic Resonance Imaging”. Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W. Orthopedic Transactions 17:224
- July / August 1993
“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction using Magnetic Resonance Imaging”. Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W.
American Journal of Sports Medicine 21:523-527
- March 1993
“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction using Magnetic Resonance Imaging”. Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W. Radiology Today 10:25
- February 1993
“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction using Magnetic Resonance Imaging”. Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W.
Orthopedics Today 13:38

May 1988 **“Athletic Injuries to the Knee: Evaluation Using Magnetic Resonance Imaging”**. Maywood, R.M., Jackson, D.W.
The Physician and Sports Medicine 16:81-95

January / February 1988 **“Magnetic Resonance Imaging of the Knee”**. Jackson, D.W.,
Jennings, L.D., Maywood, R.M., et al.
American Journal of Sports Medicine. 16:29-38

PRESENTATIONS AND POSTERS:

April 1994 **“Magnetic Resonance Imaging of the Knee: Uses and Abuses.”**
University of Miami, Orthopedic Grand Rounds

March 1993 **“The Ligamentization Process Following Anterior Cruciate Ligament Reconstruction.”**
University of Miami, Orthopedic Grand Rounds

February 1993 **“Ligamentization of Patellar Tendon Autografts in Humans after ACL Reconstruction: Evaluation by Electron Microscopy.”** Maywood, R.M., Hechtman, K.S., Uribe, J.W., Enwemeka, C., Hurwitz, D.
Presented at the American Academy of Orthopedic Surgeons Annual Meeting, San Francisco, CA

December 1990 **“Meniscal Repair and Healing.”**
October 1992 Maywood, R.M., Presented at the University of Miami Sports
May 1994 Medicine Conference

July 1992 **“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction Using Magnetic Resonance Imaging”**.
Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W. Presented at the 18th Annual Meeting of the American Orthopedic Society for Sports Medicine, San Diego, CA

May 1992 **“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction Using Magnetic Resonance Imaging.”**
Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W. Presented at the Annual Meeting of the Florida Orthopedic Society, Key Biscayne, FL

February 1992 **“Evaluation of Arthroscopic Anterior Cruciate Ligament Reconstruction Using Magnetic Resonance Imaging.”**

Maywood, R.M., Murphy, B.M., Hechtman, K.S., Uribe, J.W. Poster presented at the American Academy of Orthopedic Surgeons Annual Meeting, Washington, D.C.

June 1987

“Magnetic Resonance Imaging of the Knee.” Jackson, D.W., Jennings, L.D., Maywood, R.M., et al.
Presented at the 13th Annual Meeting of the American Orthopedic Society of Sports Medicine, Orlando, FL

ADDITIONAL EDUCATIONAL PRESENTATIONS:

“Articular Cartilage Lesions in the Knee”

“The Injured Worker; a Case Review from the Doctor’s Perspective”

“Patient Service Delivery in Today’s Work Comp System”

“Shoulder Injuries: Physical Therapy, Injections or Surgery”